

## Sunday, June 30, 2019 • St. Germain Community Park

*Held in conjunction with St. Germain's Annual Independence Day Celebration*

*Proceeds from this event will be used for the development and maintenance of St Germain's non-motorized recreational trails.*

**RaceDayRegistration/Check-in:**    **5k:** 7:30A.M. -8:00A.M.    **1k:** 7:30A.M. -9:00A.M.

**RaceStartTime:** 5K Run: 8:30 A.M.,    1K Kids' Run: 9:30 A.M.

**Entry Fee:**            **5K Early Registration (through June 12, 2019): \$25.00**  
                              **5K Late Registration (after June 12, 2019) : \$30.00**  
                              **1K Kids' Run: \$10.00**

**AgeCategories:** 5k: Male and Female: 13 & under, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & Over.  
 1k Kids' Run: For ages 12 and under only.

**Awards:** All early registrants receive a t-shirt. Late registrants will receive shirts while supplies last.  
**5k:** Trophies will be awarded to top overall male and female finishers. Medals will be awarded to top three male and female finishers in each age category  
**1k:** Trophies will be awarded to top male and female finishers. All kids receive a participant ribbon.

**Course:** *The event begins and ends at the St Germain Community Park, beginning on a blacktopped surface with the balance of the trail off-road. This is a true trail run featuring mostly flat, packed dirt, grass or gravel trail of varying width, winding through scenic woods.*

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 Complete and return this entry form with your payment before June 12, 2019, to receive the early registration rate.

I am registering for:     **5k**                       **1k Kids' Run (12 and under only)**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Birth Date: \_\_\_\_\_ Age (as of June 30, 2019): \_\_\_\_\_ Gender: M    F

**5k T-Shirt Size:** (Circle) Youth L      Adult S      Adult M      Adult L      Adult XL      Adult XXL

**1k T-Shirt Size:** (Circle) Youth S      Youth M      Youth L      Adult S      Adult M

I understand that running is a very serious, strenuous activity and I verify that I am physically fit to participate in this event. I hereby release all sponsoring groups including, but not limited to, the Town of St. Germain, individual property owners and all other race sponsors, race officials, workers or volunteers named or unnamed, from any and all rights or claims for damages, illness or injuries suffered by my participation in the Freedom 5k Fun Run. I also grant permission for the use of my name and any photographs, video or other record of my participation in the event. This event will be held rain or shine, and will be cancelled only in the event of dangerous conditions. I understand that my entry fee is nonrefundable.

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent or Guardian (if under 18): \_\_\_\_\_

Make checks payable to Freedom 5k, PO Box 2, St. Germain, WI 54558 • 715-614-3711

See our website at [www.freedom5K.org](http://www.freedom5K.org), or register at [www.tandhtiming.com](http://www.tandhtiming.com) (additional fees may apply). 2019